

# April 2024

## Lyncourt UPK-8 School Lunch Menu

Menu Subject to Change

Lyncourt is an Equal Opportunity Provider and Employer

### Monday

**1**  
Chicken Patty  
On a WG Roll  
Oven Fries  
Steamed Corn  
Fruit

**8**  
Eclipse Day  
No  
Students

**15**  
Bacon Cheese  
Burger on a WG Roll  
Waffle Fries  
Seasoned Corn  
Fruit Cup

**22**  
Spring  
Recess  
No School

**29**  
Cheese Filled Bread  
Sticks  
Marinara Sauce  
Green Beans  
Fruit Cup

### Tuesday

**2**  
Deli Turkey  
Sandwich w/Swiss  
Pasta Salad  
Baby Carrots w/Dip  
Fruit Cup

**9**  
Maple Pancakes  
Cheese Omelet  
Crispy Bacon  
Homefries  
Fruit Cup

**16**  
Meatball Sub  
Sweet Potato Fries  
Green Beans  
Fresh Fruit

**23**  
Spring  
Recess  
No School

**30**  
Breakfast Sandwich  
with Egg, Cheese  
and Sausage  
Tater Tots  
Fresh Fruit

### Wednesday

**3**  
Pizza Crunchers  
w/Marinara Sauce  
Seasoned Green  
Beans  
Fresh Fruit

**10**  
Home Made  
Mac & Cheese  
Texas Toast  
Seasoned Broccoli  
Fresh Fruit

**17**  
Walking Taco  
Lettuce, Tomatoes  
Cheese  
Black Bean and Corn  
Salsa  
Steamed Rice  
Fresh Fruit

**24**  
Spring  
Recess  
No School

### Thursday

**4**  
Philly Cheese Steak  
Sandwich  
Sweet Potato Fries  
Steamed Broccoli  
Fruit Cup

**11**  
Wok on the Run  
Steamed Rice  
Asian Vegetables  
Egg Roll  
Fresh Fruit

**18**  
Grilled Cheese  
Tomato Soup  
Cheez-it Crackers  
Celery Sticks w/Dip  
Fresh Fruit

**25**  
Spring  
Recess  
No School

### Friday

**5**  
Home Made Pizza  
Tossed Salad  
Fresh Fruit

**12**  
Home Made Pizza  
Tossed Salad  
Fresh Fruit

**19**  
Home Made Pizza  
Tossed Salad  
Fresh Fruit

**26**  
Spring  
Recess  
No School

### A La Carte

Grilled Hot Dog Meal  
Or  
PBJ Meal

### Available with All Lunches

Fresh Fruit  
Assorted Fruit Cups  
Milk Choice

### School Info

Visit our website to print  
an application and to  
view menus.

Check out our interactive  
menu system [Nutri Slice](#)  
where you can find all  
the nutritional  
information for each  
item on our menu.

### Did You Know?

April is named after the Greek goddess of love, Aphrodite. In the Roman calendar, the fourth month April is spelled Aprilis, meaning "to open." Festivals which were planned for April included Parrilla, a day celebrating the founding of Rome.