

Making the Best of it!

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| <p>GET MOVING!</p> <p><i>Choose <u>one item</u> from this category (and possibly more if time and weather allow).</i></p> <p>At least 30 minutes a day!</p> | <ul style="list-style-type: none"> <input type="checkbox"/> Play Soccer <input type="checkbox"/> Play Basketball <input type="checkbox"/> Jumping jacks and sit ups <input type="checkbox"/> Take a walk <input type="checkbox"/> Exercise video |
| <p>LEARNING TIME (SANS ELECTRONICS)</p> <p><i>Choose <u>at least two</u> items from this category.</i></p> | <ul style="list-style-type: none"> <input type="checkbox"/> Work from school packet <input type="checkbox"/> Read/write activity <input type="checkbox"/> Other educational exercises |
| <p>CREATIVE TIME!</p> <p><i>Choose <u>at least one item</u> from this category.</i></p> | <ul style="list-style-type: none"> <input type="checkbox"/> LEGO Challenge <input type="checkbox"/> Building creation (blocks, clay, etc.) <input type="checkbox"/> Draw and/or color a picture (independently or with online tutorial) <input type="checkbox"/> Cook or bake something with adult help <input type="checkbox"/> Other creative activity |
| <p>HELPING TIME</p> <p><i>Choose <u>at least one item</u> from this category.</i></p> | <ul style="list-style-type: none"> <input type="checkbox"/> Organize something <input type="checkbox"/> Help with laundry <input type="checkbox"/> Clean an area |
| <p>QUIET TIME</p> <p><i>Choose <u>at least one item</u> from this category.</i></p> | <ul style="list-style-type: none"> <input type="checkbox"/> Rest <input type="checkbox"/> Do some silent reading <input type="checkbox"/> Work on a puzzle or other quiet activity |
| <p>LEARNING TIME (ELECTRONICS OK)</p> <p><i>Choose <u>one activity</u> (and possibly more if time allows).</i></p> | <ul style="list-style-type: none"> <input type="checkbox"/> Live Stream Educational Experience (i.e. Cincinnati Zoo) <input type="checkbox"/> Scholastic.com, Tumblebooks, etc. <input type="checkbox"/> Zearn <input type="checkbox"/> ABC Mouse <input type="checkbox"/> Other online learning game <input type="checkbox"/> IXL or Raz kids |
| <p>BEDTIME</p> <p><i>Do <u>all</u></i></p> | <ul style="list-style-type: none"> <input type="checkbox"/> Brush teeth, use the bathroom, wash your hands <input type="checkbox"/> Read silently or with a parent |

