



What's For Breakfast!

Monday: Pancake on a Stick

Tuesday: Whole Grain Donut

Wednesday: Egg, and Cheese Breakfast Sandwich

Thursday: Assorted WG Breads or Muffins

*Friday: WG Bagel w/Peanut Butter or Cream Cheese
Available Daily*

*Whole Grain Cereal or Pop Tarts
Other Choices May be Available*

All Meals are served with... choice of Juice, Fruit, & Milk

All Students are eligible for Free Breakfast



take time for

school
BREAKFAST

*Lyncourt School
District is...*

*... an equal opportunity
provider and employer.*