

Lyncourt PK-8 School Menu

January 2019

Menu Subject to Change

Lyncourt School District Is An Equal Opportunity Provider and Employer

Second Choice

**Hamburger Meal
PB&J Sandwich Available
Everyday**

**Breakfast is Free to All
Students**

Lunch \$2.40

Visit our website to print an
application and to
view menus.

www.lyncourtschool.org

What do you call stolen
cocoa?

Hot chocolate

MONDAY

Holiday
Recess

No
School

TUESDAY

1 Holiday
Recess

No
School

WEDNESDAY

2 Grilled Cheese Sandwich

Tomato Soup
Garden Salad
w/Dressing
Fresh fruit

THURSDAY

3 Chicken Patty on a
WG Roll

Potato Smiles
Steamed Carrots
Fresh fruit

FRIDAY

4 Personal Pan Pizza

Garden Salad
with Dressing
Steamed Broccoli
Fresh Fruit

7 Popcorn Chicken
w/ Dinner Roll

Baked French Fries
Seasoned Carrots
Fresh Fruit

8 Breakfast Sandwich
w/ Sausage and
Cheese

Sweet Potato Fries
Steamed Corn
Fresh Fruit

9 Turkey and Cheese
Panini

Seasoned Green Beans
Garden Salad w/
Dressing
Fresh Fruit

10 Walking Taco
Lettuce, Tomato, &
Cheese

Black Beans
Seasoned Corn
Fresh Fruit

11 Nardone's
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli

14 Hot Dog on a WG
Roll

Baked Beans
Potato Gems
Fresh Fruit

15 Mini Pancakes w/
Sausage

Hash Brown Patty
100% Fruit-Vegetable
Juice
Fresh Fruit

16 Meatball Sub
On Whole Grain Roll
Oven Fries

Garden Salad w/
Dressing
Fresh Fruit

17 Chicken & Potato
Bowl w/ Dinner Roll

Mashed Potatoes
Seasoned Corn
Fresh Fruit

18 Nardone's
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

21 Martin Luther King
Day

No School

22 Pizza Crunchers
w/ Sauce

Baked Fries
Carrots w/ Dip
Fresh Fruit

23 Pasta & Meatballs
w/ Garlic Break Stick

Seasoned Green Beans
Garden Salad w/
Dressing

24 Walking Tacos
Lettuce, Tomato, &
Cheese

Black Beans
Seasoned Corn
Fresh Fruit

25 Nardone's
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

28 BBQ Rib
Sandwich

BBQ Baked Beans
Sweet Potato Fries

29 Breakfast Sandwich
w/ Sausage and Cheese

Hash Brown Patty
100% Fruit-Vegetable
Juice
Fresh Fruit

30 Staff Day

Breakfast Only

No Lunch Served

31 Chicken & Potato
Bowl w/ Dinner Roll

Mashed Potatoes
Seasoned Corn
Fresh Fruit

Available with All
Lunches

Assorted Fruit Cups
Milk Choice
Fresh Fruit